

FARM LIFE

Spring 2009

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REJUVENATION

AFRICAN LIVING SPA *

Drawing on Maasai traditions developed over centuries, healers at Osero Forest Clinic have developed a range of treatments for travelers using indigenous plant medicines known for their ancient curative powers. Treatments chosen by the healer include Maasai Massage, Olorien Hot Wood Treatment and Olkaria Clay. A complete sensory journey. See the introductory brochure in each farm cottage.



GARDEN SUNSET

The Farmhouse view has been compared to California's Napa Valley. With terraced flower gardens at your feet, ancient trees overhead and a grassy knoll set with chairs and low tea tables, the African sun descends into the valley, putting on a memorable show each evening. Or, enjoy a sundowner at the new Tembo Fireplace in the vegetable garden.



AFTERNOON ENGLISH TEA

Settle into the rhythm of Farm Life with the quintessential English Tea: GIBB'S FARM coffees and teas, accompanied by Farm-baked cake and tea biscuits. Choose a teatime spot: the Gardens, your personal verandah, the Library, Lounge, or Sitting Room. Photo left.



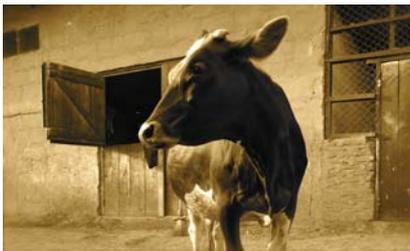
FARM STYLE MEALS

Enjoy GIBB'S FARM famous Farm-style meals every day in the Farmhouse. Fresh, healthy, hearty meals stimulate the senses and restore energy. Creative chef Samwel plans all menus according to the Farm's seasons. 90% of ingredients used are fresh from the Farm's 10-acre organic fruit, herb & vegetable garden; dairy and pig farm.



GARDEN TOUR

Horticulturist Lazaro supervises the care of hundreds of species of flora, and herb gardener Daudi tends to the aromatic herb garden. It is a tour through a natural history museum: many plants have been here since 1959, when Margaret Gibb, an avid gardener, planted the first seed. The 40-minute leisurely wander is truly a breath of fresh air.



FARM WALK

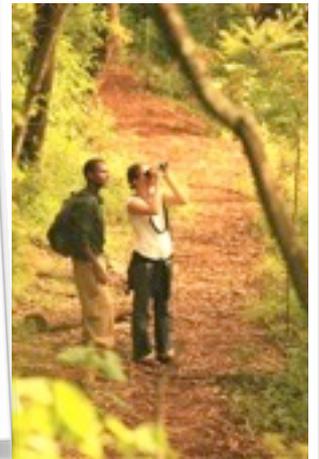
Experience a real working Farm and try your hands at milking a cow on the Farm Walk. Explore 10 acres of organic vegetables and fruit, and 30 acres of coffee. Visit our furniture workshop and learn how GIBB'S FARM practices responsible tourism and sustainable, organic farming methods.



Tloma Village bike ride is both a cultural experience and a great workout.



Bird watching within the Gibb's Farm gardens and private forest reserve.



LIGHT ACTIVITY

NGORONGORO FOREST WALK *

Explore the diversity of the GIBB'S FARM estate on this 2-hour walk, guided by a trained naturalist. In the quiet forest discover elusive birds, relax beneath the waterfall, and experience a bit of farm life and local culture. A great walk for birders!

ELEPHANT CAVE WALK *

Just inside the Ngorongoro Conservation Area, a 150-meter waterfall beckons travelers to enjoy a light hike through the forest highlands. Along the way, experience the 'elephant caves', cave-like structures created by elephants digging up the earth to ingest the vitamin & mineral rich soil.

BIRDING

GIBB'S FARM is home to over 220 species of birds, and avid birders are encouraged to contribute new sightings to the GIBB'S FARM bird list. Many guests enjoy sitting in the gardens, binoculars trained on flowers and trees or in the skies of the rolling valley below.

JOGGING

A few employees loves to run on the Farm and along the forest and village trails. If the high elevation is not bothersome, (5,700 feet) join in! A great way to see the village.

ADVENTURE

FARM TO RIM WALKING SAFARI *

Guided by a GIBB'S FARM Naturalist & a Ranger from Ngorongoro Conservation Area, the GIBB'S FARM to Ngorongoro Crater Rim Walking Safari is an exciting wilderness experience, only possible by leaving the vehicle and striking out on foot. Along the 6-7 hour walk, one traverses untouched forests and encounters unique plant life and rare birdlife. It's an experience of a lifetime...

BIKING *

Our naturalists offer biking tours for all levels of experience. Hit the trails: it's a wonderful way to get out and see rural Tanzania!

HIPPO POOLS *

Leave the Farm after an early lunch and enjoy a guided afternoon game drive through our neighboring Lake Manyara National Park. End up at Hippo Pools for a glorious sunset, snacks and drinks included.

NIGHT DRIVE *

African nocturnal animals are some of the most exciting animals to observe – and can only be spotted on a night drive. After a bush dinner under the stars, GIBB'S FARM naturalists guide you through Manyara National Park, one guide sitting on the bonnet with a spotlight and the other driving slowly through the night.

CULTURE

Gibb's Farm serves as a bridge to community culture, environment, and the natural history of her land.



COFFEE ROASTING

GIBB'S FARM has been cultivating coffee for decades. Guests are welcome to enjoy the delicious aroma of coffee roasting, daily at the Farmhouse.

VILLAGE WALK

This is a one to two hour leisurely walk around the Farm's neighboring village of Tloma: An intimate look into Tanzanian village life. .

FOREST DINNER

A dinner is served at least once a week in Namnyak Valley where the Maasai constructed a village on the edge of the farm's private forest reserve. During pleasant weather you are invited to dine with them and your guide.

CULTURE JOURNEY *

Explore Tloma village by bike, foot or car - guided by a farm naturalist. Meet a local family and learn about Iraqw culture and traditional ways of life. GIBB'S FARM has been supporting Tloma Primary School for years. A visit to the school can easily be arranged for those who wish to meet school children and observe first-hand the challenges facing education in Tanzania today. On the way back, stop at the local 'duka' for a soda.

KARATU TOWN VISIT *

Wander the streets and markets of Karatu, and take in the sights and sounds of 21st century small town Africa. The tour includes a visit to the market, local bar, hair salon and various other small businesses. Choose to go by mountain bike, on foot, or by car. Photo, left.

SANAA: ARTIST-IN-RESIDENCE

Discover original East African Fine art through Sanaa, GIBB'S FARM artist-in-residence program. GIBB'S FARM brings in selected Fine artists from all over East Africa to live on the Farm and work on commission pieces for the Farm's cottage walls and gardens. Meet some of East Africa's most talented artists, watch them work and unearth some of the continent's finest work. Photo left.

MEDICINE WALK

Ole Labiki Menyengera, GIBB'S FARM Indigenous Maasai Healer, leads Medicinal Walks into Ngorongoro Forest. Commonly used in Tanzania to treat health problems, the plants described on the walk and other herbal medicines are used at Osero Forest Clinic, a facility established to provide health care treatments for guests and the employee community.

REFLECTION & DISCUSSION

Early evenings are a perfect time to reflect. Naturalists, Farm Managers and Indigenous Healers alternate doing presentations in the Farmhouse. Indigenous medicine, the history of GIBB'S FARM, animal behavior, birds and flora are all possible topics for discussion. A time to share knowledge, ask questions, and meet the experts! Photo left.